

You use powerful leadership skills and abilities as you manage your household every day and guide your children in the little and big tasks of life. Here are just a few of the leadership skills you use every day.

Lead	Lead by example. Act as a role model and hold yourself to high standards, such as being fair and honest and following through with commitments.
Communicate	Communicate and actively listen. Use two-way communication without interrupting, and make your points calmly and clearly.
Negotiate	Negotiate. Include everyone in making decisions when possible, but be able to make the final decision when necessary.
Value	Value feelings. Understand and manage your own emotions and recognize and value the emotions of other people.
Motivate	Motivate and inspire others. Engage people in ways that boost their enthusiasm and confidence about completing a task or achieving a goal.
Be Positive	Be positive and flexible. Maintain a positive attitude by staying upbeat and optimistic. Be able to adjust and adapt when things do not go as planned.
Accept	Accept mistakes. See mistakes as an opportunity for growth and learning.

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Advocacy and Leadership—Tips for Families: Every Day Leadership Skills

Reflection Activity

Review the list of leadership skills. Which ones do you use often? Which ones do you want to use more often? Write down your thoughts.

	Ways I use this skill now	What I want to do to strengthen this skill
Lead		
Communicate		
Negotiate		
Value		
Motivate		
Be Positive		
Accept		

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