

What Can Tailored Care Management Do For Me?



Care Management is a choice. If you choose care management, you will have a care management team to help you plan medical care and coordinate supports and services in your life.

Care Management will look at your whole life, with the goal to make sure everything is working together to benefit you the most. This could mean helping you find resources that are important to you, like:

Connecting you to medical care:

- Help you to connect with your doctor and dentist
- Help arrange your medical appointments
- Help you locate non-emergency medical transportation
- Assist you with finding a pharmacy
- Help you with medication management
- Help you with medical needs and getting medical supplies you need
- Other supports to help improve your health

Assisting you in finding resources for basic needs, like:

- food, clothing, transportation, housing

Linking you to housing supports:

- Help you locate housing options
- Link you to resources for home maintenance and repairs
- Link you to resources for help with utility costs and managing payments

Linking you to employment resources:

- Link you to supported employment services
- Link you to Vocational Rehabilitation services

Linking you to childcare and school assistance:

- Help you locate childcare subsidies
- Help you locate after school care
- Help you prepare for IEPs/504 plans at school

Providing education about:

- Your rights – helping to make sure your rights are not disregarded
- Self-determination – helping to make sure you are choosing and setting your own goals and making life decisions, self-advocating
- Money management
- Literacy and reading programs
- Helping find resources to attain a high school diploma, GED, college tuition

Helping you with financial resources:

- Assist you with Social Security – SSI/SSDI
- Assist you with Medicaid and Medicare
- Help you find ways to manage income and budget to avoid exceeding financial limits
- Link you to financial planning assistance (trusts, wills, etc.)