

Your name: \_\_\_\_\_ Date completed: \_\_\_\_\_



## ACTION STEP #3

Postsecondary goals refer to those **goals** that a student hopes to achieve after leaving high school. They identify the student’s long-term goals for living, working and learning as an adult.

Post-secondary goals often cover training or education such as learning a trade, on the job training, or additional education at a college or university.

They also cover employment, which can be paid or unpaid such as an internship or volunteer work.

Lastly, post-secondary goals include independent living skills, which cover a broad range of activities such as cooking and preparing food, doing laundry, shopping, managing money, getting around, utilizing transportation, personal care and hygiene, community access and more.

Fill in the blanks below to establish a goal in the areas of Training/Education, Employment, and Independent Living.

### EDUCATION/TRAINING

EXAMPLE: After high school, Billy will attend the local community college part-time

After high school, I will:

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### EMPLOYMENT

EXAMPLE: After high school, Chris will work as a cashier at Home Depot or Lowes

After high school, I will:

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### INDEPENDENT LIVING

EXAMPLE: After high school, Amy will shop for groceries independently using a list.

After high school, I will:

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