

# Free rides to and from your medical appointments, covered by Medicaid

Non-Emergency Medical Transportation (NEMT) services are covered with your NC Medicaid Tailored Plan.

#### Who qualifies for free rides?

This service is for people with NC Medicaid to help them get to their **medical** and mental health appointments. This includes people on the Tailored Plan, a kind of Medicaid health plan. Accessible rides are also available.

#### Get a ride to and from any Medicaid appointment, including:

= Doctors or specialists = Doctors or specialists

= Picking up prescriptions = Substance abuse treatment

#### How to schedule NEMT rides

NEW! If your NC Medicaid is moving to a Tailored Plan, call your Tailored Plan to request these ride services:

- Alliance Health: 1-855-759-9600
- Trillium Health: 1-877-685-2425
- Partners Health: 1-855-397-3611
- Vava Total Care: 1-800-962-9003

#### You can begin scheduling rides today for appointments on or after July 1, 2024.

### DID YOU KNOW?

- For the best availability, request your ride at least 2 days before your appointment. For urgent pickups, like a hospital discharge, call as soon as vou can.
- If you drive yourself to an appointment, or if you receive a ride from a family member or friend, you might qualify for travel-related reimbursements such as gas vouchers. Contact your Tailored Plan to learn more.

## Learn more at **medicaid.ncdhhs.gov/nemt**

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