







# Life Vision

My Name: \_\_\_\_\_ Date: \_\_\_\_\_

Supporter's Name (If Needed): \_\_\_\_\_

Life Domain	Description	My Vision for My Future	Priority
 <p><b>Daily Life &amp; Employment</b></p>	What a person does as part of everyday life – education and training, employment, volunteering; routines, responsibilities and skills for individual and family life.		
 <p><b>Community Living</b></p>	Where and how someone lives - housing and living options, universal design, and modifications; transportation options, neighborhood considerations and community access.		
 <p><b>Social &amp; Spirituality</b></p>	Having friendships, social and personal relationships, leisure and recreational activities; exploring faith or spiritual aspects of life.		
 <p><b>Advocacy &amp; Engagement</b></p>	Determining how one's own life is lived, making choices, setting goals, speaking up, leading and partnering; Building valued roles, having meaningful experiences, and participating in community.		

Continued on Page 2



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Life Domain	Description	My Vision for My Future	Priority
 <p><b>Healthy Living</b></p>	<p>Managing and accessing health care – medical, mental, and behavioral health, sexual and reproductive health; long-term health needs; wellness, fitness, nutrition and self care.</p>		
 <p><b>Safety &amp; Security</b></p>	<p>Staying safe from abuse, exploitation and injury; Preparing for emergency or disaster situations; legal rights with regard to decision making, end of life, and other legal issues.</p>		
 <p><b>Supports for Family</b></p>	<p>Families often have valuable information, perspective, and opinions. How do I want my family to still be involved and engaged in my adult life?</p>		
 <p><b>Supports and Services</b></p>	<p>What support will I need to live as independently as possible in my adult life, and where will my supports come from?</p>		