



# K-12 FAMILY CALENDAR

# FAMILY ENGAGEMENT MONTH



November 2025

Activities for Families

| Sunday                                                                                                                                                                                                                     | Monday                                                                                                                                                                                                                                          | Tuesday                                                                                                                                                                                       | Wednesday                                                                                                                                                                                                                         | Thursday                                                                                                                                                                                                                    | Friday                                                                                                                                                                                  | Saturday                                                                                                                                                                                                                                                                                                                                                       |
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| <p><u>Scan for more information</u></p>                                                                                                   | <p><b>"Your influence is never erased. You may never see the results of your impact, but it's there." – Unknown</b></p>                                                                                                                         |                                                                                                                                                                                               |                                                                                                                                                                                                                                   |                                                                                                                                                                                                                             |                                                                                                                                                                                         | <p><b>Tool Time Tuesday</b></p>  <p><b>National Family Literacy Day</b></p>  <p>As a family, write a short thank-you letter, card or email to your child's teacher(s) or therapists.</p> |
| <p><b>Daylight Savings Time Ends</b></p>  <p>Go old school and have a Board Game Night. Choose age-appropriate games to play together.</p> | <p><b>Painting the Big Picture</b></p>  <p>Use "Painting the Big Picture" to share information about your child and "Talking Tools" to gather information.</p> | <p><b>Election Day</b></p>  <p>Communication is key to a successful partnership between home and school.</p> | <p><b>National Stress Awareness Day</b></p> <p>Tips as your child move to middle, high school or adulthood.</p>                                                                                                                   | <p><b>Discover ECAC</b> and learn more about us. Check out the ECAC website for free resources and trainings available to families.</p>  | <p><b>Talk about bullying: Use Conversation Starters</b></p>                                                                                                                            | <p><b>National STEM Day</b></p> <p>Be a Tourist in your own town: Explore fun spots in your town</p>                                                                                                                                                                                                                                                           |
| <p>Write a Letter to Your Future Self, Parents and children can do this together. Put aside for a future date.</p>                        | <p>To prepare for a IEP meeting review the IEP tips and IEP checklist</p>                                                                                      | <p><b>Veterans Day</b></p>  <p>Write a thank you note to a veteran.</p>                                      | <p><b>Confident and Happy: Teaching Your Child About Emotions</b></p>                                                                                                                                                             | <p><b>World Kindness Day</b></p> <p>Volunteer Together: Do a simple act of kindness as a family.</p>                                     | <p><b>National Family PJ Day</b></p> <p>Have a hot chocolate (try different flavors) and pajamas day and watch a movie.</p>                                                             | <p><b>America Recycles Day</b></p> <p>Create a Time Capsule Fill a box with drawings, notes, pictures or small treasures to open when they are older.</p>                                                                                                                                                                                                      |
| <p><b>Sunday Reflection Walk</b><br/>Take a short walk and ask: "What was something you learned this week, about yourself or school?"</p>                                                                                  | <p><b>National Take a Hike Day</b></p> <p>Have your child "teach" you something they know or love.</p>                                                                                                                                          | <p><b>Tool Time Tuesday</b></p> <p>Teach your child leadership skills. ECAC seeks members for Junior Youth (10-13) and Youth Advisory Teams (14-26).</p>                                      | <p>Learn about <b>ACHIEVE</b>: A virtual training program for students with disabilities (ages 14-22) preparing for life after high school.</p>                                                                                   | <p><b>National Family Engagement Day</b></p> <p>Concerned about healthcare or Medicaid waivers? Contact ECAC's F2F Health Information Center.</p>                                                                           | <p><b>World Television Day</b></p> <p>Why watching TV with your child, or teen is beneficial.</p>  | <p><b>Helping your child think through problems with your help.</b></p>                                                                                                                                                                                                                                                                                        |
| <p>Make plans to attend a School Event Together. Go to a game, concert, play or open house.</p>                                         | <p><b>Do you know the NC Requirements for Graduation?</b></p>                                                                                                | <p>Write a Letter to the School Board. Write together a thank-you or suggestion letter.</p>                                                                                                   | <p><b>National Cake Day</b></p> <p>Tips for talking to your child about their sibling's disability. Keep it honest and age-appropriate.</p>  | <p><b>Thanksgiving Day</b></p>  <p>New tradition: Write or draw a "What I'm Thankful For" card as a family.</p>                        | <p><b>National French Toast Day</b></p>  <p><b>Conversation starters</b> for family dinners.</p>   | <p>Take care of your emotional and social health.</p> <p>Check-In &amp; Chill Sunday<br/>Check in with your child: "What's going well at school? What's tough?"</p>                                                                                                                                                                                            |



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