Questions parents can ask about planning for transition

Your baby is growing up! As your baby grows and changes, so do supports and services. Early intervention services will end when your child turns three or sometimes earlier if needed. In order to be ready for that change, transition planning will begin long before your child's third birthday. When your child is between the ages of two years, three months and two years, nine months, your Early Intervention Service Coordinator will schedule a transition planning meeting. Early planning will help your family make a smooth transition out of the NC Infant-Toddler Program and into preschool or community programs.

You know your child best and your participation in the transition process is critical. The following questions will help you think about and be prepared to effectively participate in the process. Gather information from a variety of people including your child’s Early Intervention Service Coordinator, service providers, others who know your child and of course, yourself!

Be sure to ask for more information whenever you need it. If there are words or parts of the process that are confusing to you, ask to have them explained more clearly. Keep this information with your child’s records and bring it with you to meetings.

**TO HELP YOU BE PREPARED TO EFFECTIVELY PARTICIPATE IN TRANSITION PLANNING, ASK...**

1. What kinds of things can my child do? In other words, what are my child’s skills?
   How do we know that?

2. What are my child’s interests and favorite activities?

3. What kinds of social situations or environments work best for my child?
   For example: large or small group settings, noisy or quiet, structured or “free play”.

4. What kinds of environments or situations do not work well for my child?

5. What ways of communicating with my child work best?

6. What ways of communication do not work well for my child?

7. What goals, visions and dreams do I have for my child in the preschool years and beyond?

8. What kinds of supports in the community would help us reach those goals?

9. What kinds of services would help us reach those goals?
1. What things are important to work on now to help my child transition?

2. What resources and supports can you provide to help me and my family?

3. What skills will my child need to be successful in a new program or setting? For example, self-care skills, following directions, or playing with others.

4. Who will teach and reinforce new skills to my child? What supports will be in place as my child learns these new skills?

5. What opportunities will there be for my child to practice newly learned skills?

6. What specific things can we do at home to support this learning?

7. How will my child’s day, schedule or program change after the transition? How will we prepare my child for those changes? What can we do to better prepare my child emotionally for the transition?
TO FIND OUT WHAT OTHER PEOPLE AND RESOURCES CAN HELP YOU WITH TRANSITION, ASK...

1. Who do I contact to learn more about neighborhood childcare programs, public preschool programs, or other programs?

2. Where will I find information about other resources that are available in my community?

3. Is there another family who has been through the transition process that I can talk to?

Remember:
Keep a copy of this information with your child’s other important records and be sure to bring it with you to all transition planning meetings!

FOR MORE INFORMATION ABOUT EARLY INTERVENTION AND THE NC INFANT-TODDLER PROGRAM please contact:
1-855-623-2759 • www.beeearly.nc.gov
or
Exceptional Children's Assistance Center (ECAC)
NC’s Parent Training and Information Center
1-800-962-6817 • www.ecac-parentcenter.org