










Middle/High School FAMILY Engagement MONTH 2023

NOVEMBER

Activities for Families

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Celebrating</i>  NATIVE AMERICAN HERITAGE MONTH</p> <p><i>"We cannot always build the future for our youth, but we can build our youth for the future."</i> - Franklin D. Roosevelt</p>			<p>NATIONAL FAMILY LITERACY DAY 1</p> <p>Getting your preteen or teen to read more.</p>	<p>2</p> <p>Checkout these IEP Resources: IEP Checklist: Prepare and Participate What to know about the IEP and how it's developed. Requirements for Transition Services.</p>	<p>3</p> <p>Register now for Tool Time Tuesday. Topics this month include, "Talking to your child about the tough stuff" and siblings sharing and answering questions from their perspective.</p>	<p>4</p> <p>Spend time with your child reviewing YEP - Young Exceptional Perspectives and encourage your child to subscribe to the newsletter.</p>
<p>DAYLIGHT SAVING TIME ENDS! 5</p>  <p>Share two things that made each of you happy today.</p>	<p>6</p> <p>Options to help prepare your child for adulthood.</p>	<p>ELECTION DAY 7</p>  <p>Did you know In NC teens ages 16 and 17 can pre-register to vote.</p>	<p>8</p> <p>Communicating with your child's school.</p>	<p>9</p> <p>Review NC's Graduation requirements.</p>	<p>10</p> <p>If your student will graduate with a certificate or a diploma, explore these possible college experiences.</p>	<p> VETERANS DAY 11</p> <p>Talk about the sacrifices of those who serve our country. Write a thank you note to a veteran.</p>
<p>12</p> <p>Encourage your preteen or teen to explore leadership opportunities such as ECAC's Youth Advisory team or a local youth council.</p>	<p>WORLD KINDNESS DAY 13</p> <p>CAREGIVER APPRECIATION DAY</p> <p>Tell your preteen or teen what you like and admire about them.</p>	<p>14</p> <p>Learn about the Star Program a virtual training for students (ages 14- 22) with disabilities to help prepare them for life beyond high school.</p>	<p>AMERICA RECYCLES DAY 15</p> <p>How to support your preteen or teens social and emotional needs.</p> 	<p>16</p> <p>NATIONAL PARENT INVOLVEMENT DAY</p> <p>You have a story to share that could make a difference. Look at these opportunities to share your story.</p>	<p>17</p> <p>Begin planning for your students transition to high school or adulthood.</p>	<p>18</p> <p>A time capsule is a picture of one moment in time. Make a time capsule as a family.</p>
<p>19</p> <p>How to protect your child with disabilities in a digital world.</p>	<p>20</p> <p>If your child has health care needs check out the NC F2F Health Information Center and other resources. Need help organizing help health care information, try the "Care Notebook".</p>	<p>NATIONAL TV DAY 21</p> <p>NATIONAL GINGERBREAD COOKIE DAY </p> <p>How to make the most of watching TV with your preteen/teen.</p>	<p>22</p> <p>Team up with your student to create a vision statement for their future.</p>	<p>THANKSGIVING DAY 23</p> 	<p>24</p> <p>Ask your preteen or teen what makes a good friend and talk about friendships and boundaries on social media.</p>	<p>25</p> <p>Have a movie marathon of your tween/teen favorite movies. Pop the popcorn. </p>
<p>NATIONAL CAKE DAY 26</p> <p>Bake a cake together for National Cake Day.</p>	<p>27</p> <p>A guide to meaningful employment and independent living.</p>	<p>28</p> <p>Parenting a preteen in the middle school years.</p> <p>When to worry and when to let go.</p>	<p>29</p> <p>Help your preteen or teen interact safely online and responsibly post, comment and upload.</p>	<p>30</p> <p>Tips to connect with your middle schooler or your high schooler.</p>	<p>Scan for more information ></p> 	

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