

# Middle/High School

# Engagement MONTH

# 2022 NOVEMBER

## Activities for Families

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

### Event Highlights

**Nov 17th** | 11:00 am - 1:00 pm | **"Unseen" Documentary** - [View trailer](#) for this powerful documentary. [Register](#) to see the documentary and parent panel virtually.

**Nominate your school** for the "Tell Us Something Good" Award. The winning school will receive \$1000 for family engagement activities and you could win a \$200 gift card for the winning submission. [Read more...](#)

### NATIONAL FAMILY LITERACY DAY

Strategies to improve your [teens](#) reading skills

Talk to your teen about [goals](#) after high school and help them create a [plan](#) to [accomplish](#) their goals.

Learn about the [Star Program](#) a virtual training for students (ages 16- 21) with disabilities to help prepare them for life beyond high school.

If your child has a [IEP](#) take a look at the first page of your child's current [IEP](#) and encourage them to write their own vision using the [vision statement worksheet](#).

Check out your local library website to find out what services are currently available to Middle / HS students. With reading app, you can also access the [NC Digital Library](#).

**DAYLIGHT SAVING TIME ENDS!** 6  
Everyone play their favorite song and have a dance party at home!



7  
Check your school's website for updates and information about upcoming events for students and parents. Pick an event to participate in together!

**ELECTION DAY** 8  
In NC teens ages 16 and 17 can [pre-register to vote](#).



9  
Last day to [nominate](#) your school for the "Tell Us Something Good" Award.

10  
[Resources](#) for Parents of Teens

**VETERANS DAY** 11  
Talk about the sacrifices of those who serve our country. Write a thank you note to a veteran.



12  
Talk with your child about [friendships and boundaries](#) in a digital world. Use this [online tool](#) to start the conversation.

**WORLD KINDNESS DAY** 13  
Kindness is caring about the feelings of others. Come up with something to do together to [show kindness](#).

14  
If your child has health care needs check out the [NC F2F Health Information Center](#). Need help organizing help health care information, try the ["Care Notebook"](#).

**AMERICA RECYCLES DAY** 15  
Talk together about the [importance of recycling](#).



16  
Begin planning for your students next transition to [high school](#) or [adulthood](#).

17  
**NATIONAL PARENTS INVOLVEMENT DAY**  
Take a look at the [NC High School Graduation Requirements](#).



18  
Schedule [family time](#) and put on everyone's calendar. Together come up with a list of activities.

19  
Spend time with your child reviewing [YEP - Young Exceptional Perspectives](#) and encourage your child to [subscribe](#) to the newsletter.

20  
Talk to your child about bullying. Use these [conversation starters](#) to help start the conversation.

21  
Explore [volunteering together](#) with your child.

22  
Encourage your child to explore leadership opportunities such as [ECAC's Youth Advisory team](#) or a [local youth council](#).

23  
Tell your child what you like and admire about them.

**THANKSGIVING DAY** 24



25  
Help your tween/ teen [interact safely online](#) and responsibly [post, comment and upload](#).

26  
Make a time capsule with your middle school child to open during their senior year. Fill with present day items and make predictions about their senior year.

27  
**Let them Decide...**  
Participate in your students' favorite activity.

28  
Pull out your class yearbook and share pictures with your child and share what your school days were like.

29  
Send a thank you note or email to someone at your tweens / teens school that has been helpful.



30  
Go to the [ECAC website](#) and see all the free resources available to parents.

*Every child deserves a champion—an adult who will never give up on them, who understands the power of connection and insists that they become the best that they can possibly be.*

– Rita Pierson

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[www.ecac-parentcenter.org](http://www.ecac-parentcenter.org)  
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