

Early Childhood FAMILY Engagement MONTH 2022

Activities for Families

NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Event Highlights						
<p>Nov 9th 10:00 am -12:00 pm - Telling Your Story virtual webinar for families of children birth – 5 years old. Your voices matter! Register NOW!</p> <p>Nov 17th 11:00 am -1:00 pm “Unseen” Documentary View the trailer for this powerful documentary. Register Now to see the documentary and parent panel.</p>		<p>NATIONAL FAMILY LITERACY DAY 1</p> <p>Reading tips for parents of babies, toddlers and preschoolers.</p>	<p>2</p> <p>Register today for the November 8th Tool Time Tuesday, 12 pm – 12:30 pm - Join this virtual session to learn more about social and emotional development in children.</p>	<p>3</p> <p>Learn about publicly supported preschool opportunities: Early Head Start and Head Start for birth-K; NC Pre-K Program for 4 year old’s.</p>	<p>4</p> <p>Have your child help set the table! Count out how many plates, glasses and silverware.</p>	<p>5</p> <p>Go on an indoor or outdoor scavenger hunt.</p> 
<p>DAYLIGHT SAVING TIME ENDS! 6</p> <p>Learn more about ECAC, view the “Discovering ECAC” video.</p>	<p>7</p> <p>Your child’s first teacher is you! View parenting favorites for children Zero to Three and for preschoolers at National Association for the Education of Young Children.</p>	<p>ELECTION DAY 8</p> <p>Create and decorate a ballot box and vote on “what’s for dinner” or “what TV show to watch.” Add up the votes.</p> 	<p>9</p> <p>Make music with your child. Pull out the pots and pans, your wooden spoons and spatulas. Dance to the beat!</p> <p>Telling Your Story Webinar today</p>	<p>10</p> <p>Looking for child care? Call 888-600-1685 or go to the CCR&R webpage for child care resources. Quality child care nurtures healthy development and school readiness!</p>	<p>VETERANS DAY 11</p> <p>Make a card, draw a picture, or create a piece of art for a veteran.</p> 	<p>12</p> <p>Sign up for the PBS KIDS Newsletter for activities and tips you can use to help kids learn at home. Text CONNECT to 274448 for free parenting resources sent by text.</p>
<p>WORLD KINDNESS DAY 13</p> <p>Choose one act of kindness to do with your child.</p>	<p>NATIONAL PJ DAY 14</p> <p>Have a movie night. Put on your PJ’s, pop some popcorn and pull out the comfy pillows!</p>	<p>AMERICA RECYCLES DAY 15</p> <p>15 recycling activities that are completely free. Tool Time Tuesday today @ noon</p> 	<p>16</p> <p>Begin preparing for your child’s next transition, to preschool or kindergarten.</p>	<p>17</p> <p>NATIONAL PARENT INVOLVEMENT DAY Take action to improve the lives of young children in your community.</p>	<p>18</p> <p>With your child, schedule family time on your calendar and make a list of activities to do.</p> 	<p>19</p> <p>Check out your local library website to find out what library resources are currently available for young children.</p>
<p>UNIVERSAL CHILDREN’S DAY 20</p> <p>Try making kid-friendly recipes with your child to practice math and literacy skills. Measure out the ingredients together.</p> 	<p>21</p> <p>Take turns making a feeling face (happy, sad, surprised, excited) and try to guess the name of the feeling. See more ideas for teaching children about emotions.</p>	<p>22</p> <p>Connect to your local Smart Start organization for parenting classes, Dolly Parton Imagination Library, and more!</p>	<p>23</p> <p>Exercise is healthy and can be fun. Try Yoga with your child.</p>	<p>THANKSGIVING DAY 24</p> <p>Family Time</p> 	<p>25</p> <p>Enjoy an family activity together.</p>	<p>26</p> <p>Help your child with a household chore. This helps children develop skills and experience how families work together.</p>
<p>27</p> <p>Track your child’s development and get parenting tips at the CDC website. Concerned about your child’s development review “How to help your Child”.</p>	<p>28</p> <p>The NC Infant- Toddler Program (NC ITP), provides services to families of children birth to 3 with special needs. And for information about Preschool Services visit the Preschool EC website.</p>	<p>29</p> <p>If your child has health care needs check out the NC F2F Health Information Center. Use the “Care Notebook” to organize your Child’s health care information.</p>	<p>30</p> <p>Explore topics from Sesame Street in Communities on what matters most in young lives: health, social-emotional skills, and school readiness.</p>	<p>“As your kids grow, they may forget what you said, but won’t forget how you made them feel.”</p> <p>– Kevin Heath</p>		



NC DEPARTMENT OF HEALTH AND HUMAN SERVICES
Division of Child Development and Early Education

Parent Info Line: 1-800-962-6817
www.ecac-parentcenter.org
ecac@ecacmail.org

