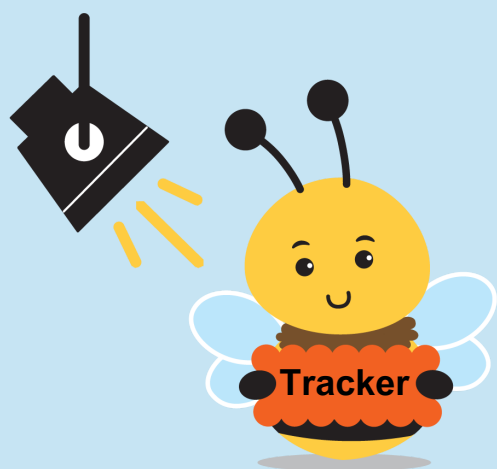


I have developmental concerns about my child.

Developmental Concerns

If you have any worries or concerns about how your child moves, acts, speaks, plays, or their overall development, it's important to share this information with your child's doctor.



Track Milestones

Track your child's growth against the developmental milestones. You can download CDC's FREE Milestone Tracker app or find checklists at www.cdc.gov/Milestones.



Prepare for a Pediatrician Visit

- Gather documentation you may need, such as notes about your concerns, medical records, etc.
- Bring your milestone tracker.
- Write down any questions you have.

During the visit...

- Give examples, pictures, and videos that show your concerns.
- Request a Developmental Screening.
- Take notes and ask questions to clarify.



After the visit...

- Review your notes and if new questions arise, consider sending a message to the doctor.
- You know your child best. If you continue to have concerns, keep asking questions.

Developmental Evaluations

A developmental evaluation is a more in-depth look at a child's development. If you believe your child needs a developmental evaluation, ECAC can help connect you to resources in your community.



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NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
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NC Infant-Toddler Program (NC ITP)

<https://www.ncdhhs.gov/itp-beearly>