

#### My Name is:

## **Personal Strengths & Assets**

#### **Community Based**



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#### **Eligibility Specific**

# Integrated Supports Star

#### Prompts to help you fill out the Integrated Supports Star:

The Integrated Support Star helps anyone map out current services, solve specific problems, and plan next steps. It can be used to explore needs, find gaps, or plan how to get future support.

## **Personal Strengths & Assets**

- Skills, personal abilities, knowledge or life experiences;
- Strengths, things a person is good at or others like and admire;
- Assets, personal belongings and resources

## Technology

- Personal technology anyone uses;
- Assistive or adaptive technology with day to day tasks;
- Environmental technology designed to help with or adapt surroundings

## **Community Based**

- Places such as businesses, parks, schools, faith-based communities, health care facilities;
- Groups or membership organizations;
- Local services or public resources everyone uses

# **Eligibility Specific**

- Needs based services based on age, geography, income level, or employment status;
- Government paid services based on disability or diagnosis, such as special education or Medicaid

# Relationships

- Family and others that love and care about each other;
- Friends that spend time together or have things in common;
- Acquaintances that come into frequent contact but don't know well

