

## BIRTH - PRESCHOOL

CALENDAR

November 2025

Activities for Families



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Scan for information



"While we try to teach our children all about life, our children teach us what life is all about." - Angela Schwindt





National Family **Literacy Day** 

Get free books from the Dolly Parton Imagination Library.

National STEM Dav 8

## **Daylight Savings Time Ends**

Sit with your child in front of a mirror, making faces, smiling, or identifying eyes,

toddler or preschooler to help create a relaxing experience. ears. nose... .

**Election Day** 

VOTE

Use the Early Steps Toolkit to track your child's development. **National Stress Awareness Day** 

Make edible paint. Mix vogurt with food coloring. Your baby / toddler can explore textures and colors..

teachers.

Communication tips to

build strong relationships

with providers and

Looking for child care? Call 888-600-1685 or go to the CCR&R webpage for child

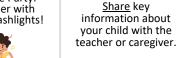
care resources

Time Capsule: Fill a box with drawings and treasures. Store in a safe place and share

with your child when they are older.

"Have a Dance Party: Dance together with glowsticks or flashlights!





Veterans Dav

**Contact Smart Start for** parenting classes and local support.

Discover ECAC and learn more about us! Free resources, trainings available to families. Learn more at our website.

Prep for the move from

Early Intervention to

preschool Services then

to kindergarten.

Celebrate World Kindness Day by spotting and modeling kind acts.



**National Family PJ Day** 

Wear pajamas, drink hot chocolate, and watch a story on Storyline Online.

**America Recycles Day** 

Learn about the NC Infant-Toddler Program: **Developmental Services** for children birth-3.

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Chill time: Gently massage vour baby or toddlers arms, legs, and back. This can be a relaxing and bonding time.

Use the "Care Notebook" to manage medical and therapy records.



National Take a 17 **Hike Day** 

Try these reading tips

with your baby,

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Use stroller or let them walk and enjoy the sights, sounds, and fresh air. Point out trees, birds, and leaves as you go.

Tips to Nurture Your

Little One's Emotional

Wellbeing.

**Tool Time Tuesday** 

Dads: Try 5 simple ways to support learning at home.



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**Explore Sesame Street in** Communities for family learning opportunities.

SESAME STREET

**National Family Engagement Day** 

**World Television Day** 

Time Meaningful for young kids.

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Tips for Making Screen

Concerned about healthcare or Medicaid waivers? Contact ECAC's F2F Health Information

Center.

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Call Family: Tips to prepare your child for a video chat with relatives.

A trip to the grocery store can help your child with reading and math skills

Take Photos: Capture fun, candid moments while your child enjoys one of their favorite activities.

**National Cake Day** 

Take advantage of everyday learning moments.



Thanksgiving Day <sup>27</sup>

Support your child in developing a habit of gratitude.

**Toast Day** Make French toast

**National French** 

and enjoy a fun, tasty breakfast...

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