



BIRTH – PRESCHOOL CALENDAR

November 2025



FAMILY ENGAGEMENT MONTH

Activities for Families



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Scan for
more
information



"While we try to teach our children all about life, our children teach us what life is all about."

– Angela Schwindt

Tool Time
Tuesday



National Family
Literacy Day

Get free books from
the Dolly Parton
Imagination Library.

Daylight Savings
Time Ends

Sit with your child in front of a mirror, making faces, smiling, or identifying eyes, ears, nose...

Try these reading tips with your baby, toddler or preschooler to help create a relaxing experience.

Election Day



Use the Early Steps Toolkit to track your child's development.

National Stress
Awareness Day

Make edible paint. Mix yogurt with food coloring. Your baby / toddler can explore textures and colors..

Communication tips to build strong relationships with providers and teachers.



Looking for child care? Call 888-600-1685 or go to the CCR&R webpage for child care resources

National STEM Day

Time Capsule: Fill a box with drawings and treasures. Store in a safe place and share with your child when they are older.

"Have a Dance Party: Dance together with glowsticks or flashlights!"



Share key information about your child with the teacher or caregiver.



Veterans Day

Contact Smart Start for parenting classes and local support.

Discover ECAC and learn more about us! Free resources, trainings available to families. Learn more at our website.



Celebrate World Kindness Day by spotting and modeling kind acts.



National Family PJ Day

Wear pajamas, drink hot chocolate, and watch a story on Storyline Online.



America Recycles Day

Learn about the NC Infant-Toddler Program: Developmental Services for children birth–3.

Chill time: Gently massage your baby or toddlers arms, legs, and back. This can be a relaxing and bonding time.

National Take a Hike Day
Use stroller or let them walk and enjoy the sights, sounds, and fresh air. Point out trees, birds, and leaves as you go.

Tool Time Tuesday

Dads: Try 5 simple ways to support learning at home.



Prep for the move from Early Intervention to preschool Services then to kindergarten.

National Family
Engagement Day

World Television Day
Tips for Making Screen Time Meaningful for young kids.

Concerned about healthcare or Medicaid waivers? Contact ECAC's F2F Health Information Center.

Call Family: Tips to prepare your child for a video chat with relatives.



Use the "Care Notebook" to manage medical and therapy records.



Tips to Nurture Your Little One's Emotional Wellbeing.

Explore Sesame Street in Communities for family learning opportunities.



National Cake Day

Take advantage of everyday learning moments.



Thanksgiving Day



Support your child in developing a habit of gratitude.

National French
Toast Day

Make French toast and enjoy a fun, tasty breakfast.

A trip to the grocery store can help your child with reading and math skills

Take Photos: Capture fun, candid moments while your child enjoys one of their favorite activities.



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