NOVEMBER 2026 - BIRTH-PRESCHOOL CALENDAR

FAMILY ENGAGEMENT MONTH

Activities for Families

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Daylight Savings Time Ends Sit with your child in front of a mirror, making faces, smiling, or identifying eyes, ears, nose…	2 Try these reading tips with your baby, toddler or preschooler to help create a relaxing experience.	3 Election Day Use the Early Steps Toolkit to track your child's development.	4 Make edible paint. Mix yogurt with food coloring. Your baby/ toddler can explore textures and colors..	5 Communication tips to build strong relationships with providers and teachers.	6 Looking for child care? Call 888-600-1685 or go to the CCR&R webpage for child care resources	7 Time Capsule: Fill a box with drawings and treasures. Store in a safe place and share with your child when they are older.
8 Have a Dance Party: Dance together with glowsticks or flashlights!	9 Share key information about your child with the teacher or caregiver.	10 Discover ECAC and learn more about us! Free resources, trainings available to families. Learn more at our website.	11 Veterans Day Contact Smart Start for parenting classes and local support. smart start	12 Wear pajamas, drink hot chocolate, and watch a story on Storyline Online.	13 Celebrate World Kindness Day by spotting and modeling kind acts.	14 Learn about the NC Infant-Toddler Program: Developmental Services for children birth–3.
15 Chill time: Gently massage your baby or toddlers arms, legs, and back. This can be a relaxing and bonding time.	16 Dads: Try 5 simple ways to support learning at home.	17 National Take a Hike Day Use stroller or let them walk and enjoy the sights, sounds, and fresh air. Point out trees, birds, and leaves as you go.	18 Prep for the move from Early Intervention to preschool services then to kindergarten.	19 National Family Engagement Day Call Family: Tips to prepare your child for a video chat with relatives.	20 Concerned about healthcare or Medicaid waivers? Contact ECAC's F2F Health Information Center.	21 World Television Day Tips for making screen time meaningful for young kids.
22 Use the Care Notebook to manage medical and therapy records.	23 Tips to Nurture Your Little One's Emotional Wellbeing.	24 Explore Sesame Street in Communities for family learning opportunities.	25 Take advantage of everyday learning moments.	26 Thanksgiving Day Support your child in developing a habit of gratitude.	27 Resources for families from Start Early to help your children thrive.	28 National French Toast Day Make French toast and enjoy a fun, tasty breakfast.
29 Learn more about working together with CDSA staff to support your child's learning and development.	30 Ideas you can use to play with your young child.					

ecac exceptional children's assistance center
Empowering Families ★ Improving Lives

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