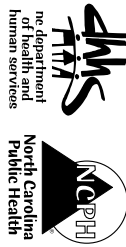


# NC EARLY INTERVENTION INFANT-TODDLER PROGRAM



State of NC | Department of Health and Human Services | Division of Public Health  
 www.nc.gov | www.ncdhhs.gov | www.publichealth.nc.gov  
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## watch me grow

The following is a checklist to see if your child is meeting the developmental milestones during the first year of life. Successful intervention depends on identifying needs and providing services and supports EARLY.

1  
MONTH

- Lifts head when on tummy
- Looks at faces

2  
MONTHS

- Makes sounds — coos and gurgles
- Follows objects with eyes

3  
MONTHS

- Recognizes your face
- Holds head steady and upright

4  
MONTHS

- Smiles, laughs
- Rolls from back to side

5  
MONTHS

- Holds out arms to be held
- Likes to play peek-a-boo

the  
earlier  
you  
know,  
the  
better  
they'll  
grow.

www.bearly.nc.gov

(continued at right)

6  
MONTHS

- Copies sounds
- Rolls over in both directions

7  
MONTHS

- Creeps (pulls body with arm and leg kicks)
- Uses hands to pat, touch, stroke

8  
MONTHS

- Crawls
- Pulls self up to standing

9  
MONTHS

- Says "Ma-ma" or "Da-da"
- Responds to own name

10  
MONTHS

- Waves bye-bye
- Drinks from a cup when held

11  
MONTHS

- "Walks" holding onto furniture
- Picks up small objects

12  
MONTHS

- Uses simple gestures
- Knows at least three words
- Finger feeds self



# who we are

The North Carolina Infant-Toddler Program (ITP) provides services for the development of infants and toddlers with special needs, and their families. Sixteen Children's Developmental Services Agencies (CDSAs) administer these services locally to enhance your child's potential for growth and development.

A child and family may receive supports and services if the child is:

- up to 3 years old and
- has a developmental delay or established condition.

A child with developmental delay is not developing like others his or her age. The delay can be in one or more of the following areas:

- thinking and learning
- moving, seeing, hearing and health
- understanding and using sounds, gestures and words
- responding to and developing relationships
- taking care of one's self when doing things like feeding or dressing

A child with an established condition has a diagnosed physical or mental condition that will probably cause developmental delay. This includes genetic disorders, vision problems, hearing loss or autism.



These sixteen CDSAs administer Infant-Toddler Program services to children and families in all 100 counties in NC.

**1** CDSA of the Blue Ridge  
(Alleghany, Ashe, Avery,  
Mitchell, Watauga, Wilkes  
& Yancey) 828-265-5391

# what we do

The ITP helps you meet the developmental needs of your infant or toddler.



- Each child is unique.
- Every family's needs are different.
- Early intervention works best when your family is supported in meeting your child's needs.
- We believe YOU are your child's best teacher.
- We honor your family's beliefs, culture and values.
- Children with developmental needs learn best in settings that are used by all children.
- We work with you to help your young child learn and grow.

# what we offer

Some services available to help your child and family:

- Evaluation
- Service coordination
- Special instruction
- Physical, occupational and speech-language therapies
- Assistive technology
- Family support
- Nursing and nutrition

No family is denied services because of inability to pay.

- Evaluation and service coordination are free.
- Other services are provided on a sliding fee scale
- Medicaid is billed for services.
- Other insurance is billed with your permission.



# how to get started

If you have a concern about your child's development, don't wait and see.

## BE IN TOUCH.

Call, write or visit your CDSA to refer your child to the ITP.

## BE EVALUATED.

The CDSA will conduct a developmental evaluation to see if your child qualifies for the ITP.

## BE INVOLVED.

Your family will be assigned a service coordinator. If your child qualifies for the ITP, you will help develop a plan of the services/supports needed to help your child to succeed.

Children leave the ITP when they turn 3 years old or no longer need services. They move into school, special education or other community programs. The earlier you know your child's developmental needs, the better they'll grow to their full potential.

**2** CDSA of Western NC  
(Buncombe, Cherokee,  
Clay, Graham, Haywood,  
Henderson, Jackson,  
Macon, Madison, Swain  
& Transylvania)  
828-251-6091

**3** Morganton CDSA  
(Alexander, Burke, Caldwell,  
Catawba & McDowell)  
828-433-5171

**4** Shelby CDSA  
(Cleveland, Gaston, Lincoln,  
Polk & Rutherford)  
704-480-5440

**5** Mecklenburg CDSA  
704-336-7100

**6** Concord CDSA  
(Cabarrus, Iredell, Rowan,  
Stanly & Union)  
Toll-free 1-800-230-6891  
704-786-9181

**7** CDSA of the Sandhills  
(Anson, Harnett, Hoke,  
Lee, Montgomery, Moore,  
Richmond & Scotland)  
910-295-3133

**8** Winston-Salem CDSA  
(Davidson, Davie, Forsyth,  
Stokes, Surry & Yadkin)  
336-713-7400

**9** Greensboro CDSA  
(Alamance, Caswell, Guilford,  
Randolph & Rockingham)  
336-334-5601

**10** Durham CDSA  
(Chatham, Durham, Franklin,  
Granville, Orange, Person,  
Vance & Warren)  
Toll-free 1-877-396-8464  
919-560-5600

**11** Raleigh CDSA  
(Wake)  
919-662-4600

**12** Rocky Mount CDSA  
(Edgecombe, Halifax, Johnston,  
Nash, Northampton & Wilson)  
252-443-0318

**13** Greenville CDSA  
(Beaufort, Bertie, Greene,  
Hyde, Martin, Pitt & Wayne)  
252-737-1177

**14** CDSA of the Cape Fear  
(Bladen, Brunswick,  
Columbus, Cumberland,  
Duplin, New Hanover,  
Pender, Robeson &  
Sampson)  
910-251-5817

**15** New Bern CDSA  
(Carteret, Craven, Jones,  
Lenoir, Onslow & Pamlico)  
252-514-4770

**16** Elizabeth City CDSA  
(Camden, Chowan,  
Currituck, Dare, Gates,  
Hertford, Pasquotank,  
Perquimanns, Tyrrell &  
Washington)  
Toll-free 1-800-466-9264  
252-338-4044