







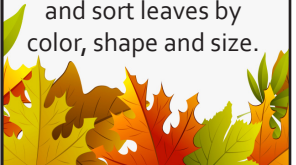









Early Childhood FAMILY Engagement MONTH

Activities for Families

2020
NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>NATIONAL FAMILY LITERACY DAY</p>  <p>Read a book out loud to your child.</p> <p>DAYLIGHT SAVING TIME ENDS!</p>	<p>2</p> <p>From birth to 5 years, your child should reach milestones in how he/she plays, learns, speaks, acts and moves. Track your child's development and get parenting tips at the CDC website.</p>	<p>3</p> <p>ELECTION DAY</p> <p>Work with your child on counting skills. Count family members' votes for <i>what's for supper</i>.</p> 	<p>4</p> <p>Looking for child care? Call 888-600-1685 or go to the CCR&R webpage for child care resources. Quality child care nurtures healthy development and school readiness!</p>	<p>5</p> <p>Every day is full of possibilities and so is your child! Sign up for the PBS KIDS Newsletter for activities and tips you can use to help kids learn at home.</p>	<p>6</p> <p>Play a favorite song and have a dance party at home!</p> 	<p>7</p> <p>Check out your local library website to find out what resources and services are currently available for young children.</p>
<p>8</p> <p>With your child, schedule family time on your calendar.</p> 	<p>9</p> <p>Go to the ECAC website and see all the free resources available to families of young children, including Early Intervention.</p>	<p>10</p> <p>Explore topics from Sesame Street in Communities on what matters most in young lives: health, social-emotional skills, and school readiness.</p>	<p>11</p> <p>VETERANS DAY</p> <p>Show & Talk about the colors in the flag, give children crayons/paper to make their own.</p> 	<p>12</p> <p>Look in a mirror together. How many feelings faces you can make? (Try happy, sad, proud, excited, scared, brave, frustrated and relaxed.)</p> 	<p>13</p> <p>WORLD KINDNESS DAY</p> <p>Check out How you can teach your young child kindness?</p>	<p>14</p> <p>Try making a kid-friendly recipe with your child to practice math and literacy skills. Measure out the ingredients together.</p> 
<p>15</p> <p>AMERICA RECYCLES DAY</p> <p>Identify items that can be recycled. Practice sorting items into recycling bins.</p> 	<p>16</p> <p>UNCTV's Rootle is proud to bring you Bright By Text! Text CONNECT to 274448 for free parenting resources sent by text.</p>	<p>17</p> <p>Take a walk. Collect and sort leaves by color, shape and size.</p> 	<p>18</p> <p>Connect to your local Smart Start organization for parenting classes, Dolly Parton Imagination Library, and more!</p>	<p>19</p> <p>NATIONAL PARENTS INVOLVEMENT DAY</p> <p>Learn more about leadership opportunities for families.</p>	<p>20</p> <p>Ask your child to help you sort the laundry; help put in washer/dryer then fold.</p> 	<p>21</p> <p>Play a feeling guessing game. Take turns making a feeling face and see if you can guess the name of the feeling.</p>
<p>22</p> <p>Teach your child how to gobble like a turkey and have a gobbling contest!</p> 	<p>23</p> <p>Learn about publicly supported preschool opportunities: Early Head Start and Head Start for birth-K; NC Pre-K Program for 4 year olds.</p>	<p>24</p> <p>Make a list together of what our family is thankful for.</p>	<p>25</p> <p>Play outside or enjoy games with no electronics allowed.</p> 	<p>26</p> <p>THANKSGIVING DAY</p> <p>Family Time</p> 	<p>27</p> <p>Model cooperation! Do a task or game your child asks you to do.</p>	<p>28</p> <p>Have family movie night w/ snacks, lots of pillows and cuddling.</p> 
<p>29</p> <p>Make a "calm down" blanket fort together and have a snack in the fort with favorite stuffed-animals.</p>	<p>30</p> <p>Is your child already in a preschool or school setting? Learn about tools and expectations for school-family engagement from NC Dept. of Instruction.</p>	<p>November is Family Engagement Month!</p> <p>The Family Engagement Month calendar is a list of daily activities that you can do with your child anytime. The activities are meant to be fun and to make the most of those teachable moments. Not every activity will be appropriate for every child. Children have different abilities as well as different interests. You can modify many of the activities to meet the needs of your child.</p>				



NC DEPARTMENT OF
HEALTH AND HUMAN SERVICES
Division of Child Development and Early Education

www.ecac-parentcenter.org
Parent Info Line: 1-800-962-6817

