

Simple Strategies

Things Parents and Teachers can do to help children with disabilities in the regular classroom

Following Directions

- Gain attention before giving instructions
- Have student repeat directions
- Have student repeat directions
- Vary verbal style (tone, volume)
- Use fewer words
- Use visual / hands on examples
- Increase eye contact
- Provide written and verbal directions

Paying Attention

- Use non-verbal signals to re-focus
- Seat near teacher
- Seat near well focused students
- Use physical prompting (hand on shoulder)
- Use visual prompting (eye contact)

Staying Focused

- Reduce distractions
- Provide checklist
- Break assignments into smaller chunks
- Increase positive reinforcement
- Schedule breaks

Working in Groups

- Provide a responsible partner
- Place in a group with well focused students
- Provide structure by listing steps
- Suggest ways to utilize student strengths

Remembering

- Teach a variety of memory strategies (paring, acronyms, songs, etc.)
- Practice visualizing
- Memorize in small chunks, self checking
- Repeat information orally
- Review previously learned information
- Use visual prompts or reminders

Reading & Comprehension

- Audio record text
- Reading in small groups at same level
- Use text cover up tools, and/or enlarge pages
- Use peer tutors
- Underline or highlight important facts
- Allow extra time and/or give oral tests