



October is Parent Involvement Month! Be involved!

~ October 2009 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p align="center">Activities that Parents can do with their children!</p> <p align="center">Brought to you by: NC PIRC 1-800-962-6817 A project of the Exceptional Children's Assistance Center</p>			<p>1</p> <p>Watch for information about parent / teacher conferences.</p>	<p>2</p> <p>Ask about homework every night and check to be sure it is completed.</p>	<p>3</p> <p>Tell your child about things you enjoyed doing as a child.</p>
<p>4</p> <p>Visit the school website at home or use the computer at the local library.</p>	<p>5</p> <p>Have a family reading night. Read to each other or silently for about 30 minutes.</p>	<p>6</p> <p>Check the book bag every night for messages.</p>	<p>7</p> <p>Send a note to school asking how you can volunteer at home or at school.</p>	<p>8</p> <p>See who can bounce a ball without missing. Everyone count together.</p>	<p>9</p> <p>Talk to an older person about how things were when they were young.</p>	<p>10</p> <p>Visit your local library. Find out what activities they have to offer.</p>
<p>11</p> <p>Select a picture from a book, newspaper or magazine. Take turns making up a story about the picture.</p>	<p>12</p> <p>Remind your child about the importance of education.</p>	<p>13</p> <p>Create a reading corner in your home.</p> 	<p>14</p> <p>Ask about your child's day. What did they like best? What didn't they like? Be positive</p>	<p>15</p> <p>Call the school and ask the date of the next PTA/PTO meeting. Plan to attend.</p>	<p>16</p> <p>Call or email your child's teacher and ask how he or she is doing. Ask what you can do at home to help.</p>	<p>17</p> <p>Write a note to a relative or a friend.</p>
<p>18</p> <p>Help your child start a diary. Buy an inexpensive journal or composition book. Paste their picture on the front.</p>	<p>19</p> <p>No TV tonight. Read a favorite book together. Make up a new ending.</p>	<p>20</p> <p>Have high expectations for your child. It makes a difference.</p>	<p>21</p> <p>Look for a good grade or improvement. Tell your child, "I knew you could do it."</p>	<p>22</p> <p>Take turns playing "I Spy" using colors or letters, "I spy something red." Everyone guesses what you spy.</p>	<p>23</p> <p>Talk with your child about what they would like to do when they grow up and finish school.</p>	<p>24</p> <p>Have a family movie night. Choose snacks and a movie the whole family will enjoy.</p>
<p>25</p> <p>Have an arts and crafts afternoon. Plan decorations for Halloween or Fall.</p>	<p>26</p> <p>Eat lunch or breakfast with your child at school this week.</p>	<p>27</p> <p>Look at pictures together of when your child was younger.</p>	<p>28</p> <p>Have a family dinner together at home. Play soft music.</p>	<p>29</p> <p>Write down all the things that make your child special. Don't forget to tell them.</p>	<p>30</p> <p>"So You Think You Can Dance." Get out your favorite CD or turn on the radio and dance to the music.</p>	<p>31</p> <p>Trick or Treat together or play games at home as a family.</p>